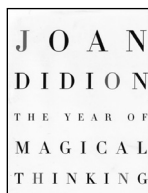


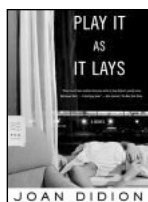
Winter 2009: The Year of Magical Thinking by Joan Didion

BOOKS



The Year of Magical Thinking
by Joan Didion, Vintage, 2007.

Didion's original memoir relates the death of her husband, the illness of her daughter, and her process of grief.



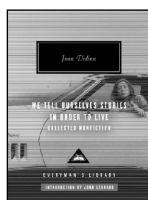
Play It As It Lays by Joan Didion,
Farrar, Straus, and Giroux, 1971.
(2nd edition published 2005)

Didion's novel portrays a troubled character sliding into life that seems devoid of emotion and full of instability. Didion renders her book with simple relentlessness.



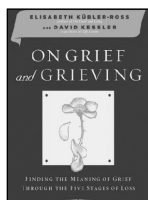
Slouching Towards Bethlehem: Essays by Joan Didion, Farrar, Straus, and Giroux, 1990.

In this collection of essays, Didion captures the disorientation and vision of America in the 1960s using a serious irony to approach a broadening vision of what America has become.



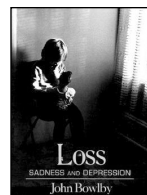
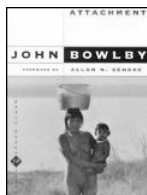
We Tell Ourselves Stories in Order to Live by Joan Didion, Everyman's Library, 2006.

A collection of Joan Didion's non-fiction essays (including *Slouching Towards Bethlehem*), spanning many decades and locations.



On Grief and Grieving: Finding the Meaning of Grief Through Five Stages of Loss by Elisabeth Kubler-Ross and David Kessler, Scribner, 1969.

This book outlines five stages of grief, mentioned by Didion, that allow individuals to handle their loss.



Attachment and Loss by John Bowlby, Basic Books, 1973

In his two-volume work, Bowlby introduces theories — born of his and others' clinical research — regarding attachment and fear and their dual role in grieving.

GRIEF SUPPORT GROUPS IN BOSTON

The Samaritans (Boston Center)

141 Tremont Street, 7th Floor
Boston, MA 02111

Phone: 617-2460 x-2237

Email: safeplace@samaritanshope.org

www.samaritanshope.org

Meets on the 2nd and 4th Tuesday of every month from 7:00 to 9:00 pm

Location: Beth Israel Hospital on 5th floor of the Shapiro Building in the JCRT Radiology Conference Room

Children's Charter

77 Rumford Avenue
Waltham, MA 02453

Phone: 781-894-4307

Fax: 781-894-1195

Family and child outpatient trauma center including Project Gift, a program for families who have experienced loss of a loved one.

Sturbridge Group

Family Loss Project
249 Ayer Rd. Suite 204
Harvard, MA 01451

Phone: 508-653-1609

Email: info@sturbridgegroup.com

www.sturbridgegroup.com

Bereavement training and consultation from professionals who work with ill, dying and bereaved individuals. Crisis response in school, grief support and counseling available. Website provides links to newsletter, support groups and professional organizations for the bereaved.